

# Springhill Hospice

Broad Lane  
Rochdale  
OL16 4PZ  
01706 649920  
01706 644943

[www.springhill.org.uk](http://www.springhill.org.uk)

**Complaints** – if you have a problem or complaint, this should be made in writing to the Chief Executive, Springhill Hospice, at the address above.

**Incorporated as a Company Limited by Guarantee**  
No 2325905  
Registered Charity No 701798

Advocacy Together Hub Rochdale provide support to people in the Heywood, Middleton and Rochdale area in making complaints under the NHS Complaints Procedure.

This is a free and confidential service which allows patients to contact Advocacy Together Hub Rochdale.

If you require any additional support in communicating with the Hospice about the care you have received, you may have the right to an independent advocate.

For more information, please contact:

**Advocacy Together Hub Rochdale**

144 Drake Street  
Rochdale  
OL16 1PS  
01706 641389

**Email:** [rochdaleadvocacy@together-uk.org](mailto:rochdaleadvocacy@together-uk.org)

# Dementia Support

 **Springhill Hospice**  
Making every moment count



## DEMENTIA CARE PROJECT

The Springhill Hospice Dementia Care Project is a specialist dementia care service that aims to raise the profile of dementia and recognise it as a palliative disease.

Our various groups provide support to patients who have a confirmed diagnosis of dementia, and those important to them.

## DAY THERAPIES

We offer an 8-session fortnightly group programme 10.00am to 1.00pm which includes social stimulation, art and craft work, gardening, relaxation and complementary therapies. This programme is constantly being developed in accordance with the latest proven research.

Our Dementia Care is based around acknowledging life stories and histories; supporting and nurturing the interests patients had before their diagnosis.

Our team will assess an individual's needs and identify how they and their family might benefit from this programme. Ongoing assessments and individualised support, unique to the person is provided

Our team is made up of a Dementia Specialist Nurse, a Palliative Assistant Practitioner, Registered Nurses, Nursing Assistant, a Creative Therapist, a Complementary Therapist and a team of Volunteers. We are also supported by the Counselling team and Spiritual and Pastoral support

## REFERRAL CRITERIA:

- Adult living in Heywood, Middleton, or Rochdale
- Diagnosed with dementia
- Living at home

## MONTHLY DROP IN SESSIONS

On the last Friday of each month, we hold a drop-in session in our Springhill Suite; allowing carers who are supporting an individual with dementia, both formally and informally, to access information, knowledge and training opportunities, while ensuring they are also supported in a safe and welcoming environment. These sessions can also be used as a tool to signpost to the relevant services, if appropriate.

## EMOTIONAL AND WELLBEING SUPPORT GROUP FOR RELATIVES

The group aims to provide a safe environment where carers are able to discuss their feelings of grief and loss related to their loved one's dementia.

**'They have been a lifesaver for my husband and I. He looks forward to spending time there, where he feels safe and cared for'**

**'It was so nice to see him with a smile on his face'**