



Christmas



Fundraising Pack!

Time for some Festive Fundraising!

Thank you for choosing to support Springhill Hospice. Thanks to people like you, the Rochdale borough will continue to receive the specialist palliative care they need.

Whether you're choosing to fundraise to celebrate the life of a loved one who may have received care through Springhill, or you just want to ensure the service is here for you and your loved ones should they ever need it - the funds you raise will help us continue to care for people across Heywood, Middleton and Rochdale in the future.

With an £800,000 deficit and rising costs, your support has never been more important.

Even something as simple as wearing your snazziest Christmas jumpers for the day helps to raise vital funds.

This pack is designed to make your fundraising experience as easy as possible, but we are always here if you need us.

Our **Community Engagement Fundraiser, Jenna Kavanagh**, is ready to help with any fundraising tips you may need; from setting up a JustGiving page, dropping off any paper sponsor forms if you don't have a printer, or even fancy dress ideas if that's your thing! Just give her a call on **01706 641790**, or drop an email to **jenna.kavanagh@springhill.org.uk** and she'll be in touch!

Thank you for fundraising for us! This is essential in helping us continue our work. We couldn't do it without you!



Our care services

Springhill Hospice are dedicated to providing the highest level of palliative care to our community, and always have been. We want to ensure that if you should ever need us, we are here to offer support - and this is only possible thanks to generous fundraising from people like you.



Springhill is a haven for those who need help, not just at the very end of their life, but also when they are coming to terms with their diagnosis.

Avril has been using Springhill Hospice's pain management service since March 2023; starting with at home visits from Dr Steph Lippett on a monthly basis. Avril now also has counselling sessions with Ruth Young.

"It's good to talk. Initially I was using Dr Steph as a sounding board, but when I realised I needed more support for my mental health, within a week I'd been assigned to a Springhill Counsellor. I never feel as though I'm being rushed, I can take my time and talk my worries through and I feel with Ruth, that I am not alone. The moment you're diagnosed and people talk about hospices, you think 'I don't want to know about that' but once you get here, it's not at all like you'd expect. I pictured a sort of hospital environment, but it's so open and friendly - I feel calm and peaceful when I'm here, surrounded by the beautiful gardens. It really is a unique place - I've even brought my dog Bruno in before; he was a big hit."

The staff here at Springhill constantly go above and beyond to ensure patients and loved ones receive the quality of care they deserve, at what is probably the most difficult time of their life. Avril's experience with all the staff, and in particular Dr Steph, are testament to the outstanding care the Hospice provides. "[Dr Steph] is a treasure. She's professional, knowledgeable and puts you at ease - no matter how you're feeling, she's truly one of a kind. All the staff are just brilliant."

As Springhill is a local charity, we rely heavily on the generosity of our community to ensure we can stay open and provide the vital services we are renowned for. With your generosity, we hope to be able to provide care to everyone who needs us, and make every moment count for many more years to come.

"I'm not sure where I'd be without the Hospice, but I definitely wouldn't be in a good place - **we're so lucky to have Springhill.**"

How you can help

£25

If you want to pay for the gift of relaxation, £25 could cover the cost of a complementary therapies session for a patient.



£10

£10 could cover the cost of a call to our 24 hour telephone advice line; an essential service for patients and loved ones.



£117

£117 could pay for a patient to spend the day in our Day Therapies centre, where they can enjoy a mix of activities and support.



£8,000

If you're able to, you could pay for a day!
We need to raise £8,000 per day to cover the costs of our services.

£600

To make a huge difference to our patients with dementia, £600 could cover the cost of a whole Dementia Group session for a day.



Festive Fundraisers



Wear your Woollies

Gather your classmates or colleagues to wear your best...or worst Christmas jumpers!



Raffles and Tombolas

If you're having a Christmas party, you could host a raffle, or if you know any crafters, have a tombola with their homemade goods as prizes!



Reindeer Run

Put on your antlers and gallop to raise money! Schools and nurseries can sign up to our Reindeer Run and may be surprised with a special visit from Springy!

Online Fundraising

If you are planning on setting up an online giving page we always recommend using Justgiving. Justgiving is a super easy to use platform and you don't have to worry about getting the money you raise over to us as it's automatically sent through.

JustGiving®

It's easy to use and saves us on admin costs as it transfers money direct to us!

1. Head to www.justgiving.com to set up an account or log in and set up your fundraising page.
2. Set yourself a target! This on average means you will raise 46% more than a page with no target.
3. Tell your story! Sharing the motivation behind your fundraising can help with raising additional support.
4. Add a photo! A picture of you and your loved ones can boost your fundraising total by up to 14%!
5. Share, share, share! Let people know what you are doing via WhatsApp, Facebook, Instagram or email your contacts - we all like to see what other people are up to.



Wrenbury Drive Christmas light switch on

User tips

If your fundraiser involves running or walking, you may want to use Strava to show off your progress.

What is Strava?

A free fitness tracking app, which allows you to monitor and share accomplishments of any training with your family, friends and colleagues.

Why use it?

You can link your Strava to your Justgiving fundraising page and share any practice walks and progress you make. You can keep it simple and record distances or add photos.

How do I use it?

1. Download the Strava app and register - www.strava.com, its all free!
2. Log in to your JustGiving account and search for your page
3. Scroll down to and press the 'connect Strava' button.
4. Confirm the Strava permissions, and save your fitness settings/preferences.
5. Start exercising and Strava will track it and update your page.



Here to help

Need to download a sponsorship form? Click the link below!

[Click
here
to
download!](#)

To tell us about your event, please [click here!](#)

Looking for some inspiration? Scan the QR code or [click here](#) to look at some of our fundraising ideas and upcoming events!



Wardle Brass Band

Happy Fundraising!



Thank you!