

Non-Hospice Bereavement Services:

Counselling, Groups and Helplines

ANDY'S MANS CLUB ROCHDALE: Men's bereavement support group

Email: info@andysmanclub.co.uk

www.andysmanclub.co.uk

CRUSE BEREAVEMENT CARE: Adults and children 1:1 bereavement support

Free helpline: 0808 808 1677

www.cruse.org.uk

CHILD BEREAVEMENT UK: 1:1 and group bereavement support

Helpline: 0800 02 888 40

www.childbereavementuk.org

CHILD DEATH HELPLINE: 1:1 telephone bereavement support

Free phone: 0800 282 986 | 0808 800 6019

www.childdeathhelpline.org.uk

COMPASSIONATE FRIENDS: 1:1 telephone and group support for bereaved parents

Tel: 0345 123 2304

www.tcf.org.uk

HOPE AGAIN: Young people living after loss 1:1 telephone, F2F and group bereavement support

Tel: 0808 8081677

Email: hopeagain@cruse.org.uk

<https://www.hopeagain.org.uk>

LULLABY TRUST: Sudden and unexpected death of a baby or young child 1:1 telephone bereavement support

Freephone: 0808 802 6868

Email: support@lullabytrust.org.uk

www.lullabytrust.org.uk

SANDS: Bereaved by the death of a baby - 1:1 telephone and group support

Tel: 0808 164 3332

Email: helpine@sands.org.uk

www.sands.org.uk

SURVIVORS OF BEREAVEMENT BY SUICIDE: 1:1 helpline and groups

National Helpline 0300 111 5065

Email: email.support@uksobs.org

www.uksobs.org

WIDOWED AND YOUNG: Bereaved women and men age 50 and under, 1:1 telephone and group support

www.widowedandyoung.org.uk/

www.way-up.co.uk

ONCE UPON A SMILE: Family bereavement support 1:1 counselling and monthly support group

Sidley House, 6 Brindley Road, Manchester. M16 9HQ

Tel: 0161 711 0339

www.onceuponasmile.org.uk/what-we-do/childrens-bereavement-support-groups

GRIEF TALK: Family and child bereavement support, 1:1 counselling and group counselling

Tel: 0808 802 0111 (9am to 9pm)

Email: griefftalk@griefencounter.org.uk

www.griefencounter.org.uk

ROCHDALE WOMEN'S WELFARE ASSOCIATION: Women of all ethnicities for general counselling including bereavement

18 Trafalgar Street, Rochdale. OL16 2EB

Tel: 01706 860157

www.rwwa.org.uk

LONDON FRIEND LGBT: Lesbian, Gay, Bisexual and Transgendered - 1:1 counselling, groups and helpline

Tel: 0207 833 1674

Email: counselling@londonfriend.org.uk

www.londonfriend.org.uk/bereavement

BLUE CROSS: Pet bereavement

Tel: 0800 096 6606

www.bluecross.org.uk/pet-bereavement-and-pet-loss