



Springhill  
Hospice  
Education



# Education Unit

## Course Guide

September  
-  
December  
2023

Take a  
peak inside  
to see what  
we have  
coming up!

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# Meet the Team



Payline Howarth  
Education Lead



My career began back in 1989 and took my first post as a hospital-based staff nurse where I often worked alongside the Macmillan Nursing team. It was there that I developed my interest in palliative care and care for the dying which led me into hospice nursing where I worked for over 25 years in day services, inpatient care, spiritual and bereavement care.

I joined the education team at Springhill Hospice in 2020 having been so impressed by the Palliative Care Passport, the quality of the teaching and the confidence and drive that it gives health and social care workers; to strive for excellence in the way they care for those living with life limiting conditions.

Helen Seth  
Associate Educator



My career started out as a healthcare assistant in the community, which then led to me training staff in the community care sector. Before my time at the hospice, I attended sessions with the hospice including the Passport, which only fueled my passion for improving care for those at end of life.

I found that the learning opportunities offered by the hospice not only improved my way of working, but that of those around me, leading to improved care for those in need. Seeing our shared goal achieved really brought to light the outstanding team spirit we all have in the healthcare community.

Angela Ogden  
Administrator



I started as a volunteer at the hospice in August 2015 following over 40 years employed in banking. By December 2015 I was a paid member of staff at the Hospice on a part time basis, working for both the Community Services and Education.

I am now based with the Education Unit and provide all the admin support for the team.

I will be your first port of call when enquiring about any of the education courses, and it will be me who you communicate with regarding your booking.

# Welcome To Springhill Hospice Education

This education summary has been produced to provide you with useful information about the training and education programmes we offer.

All our courses are evidence based, directly relevant to practice and are underpinned by current research. Our educators endeavour to ensure that you find the sessions valuable as well as enjoyable.

The team are experienced, committed to supporting you and keen to provide stimulating sessions which help motivate and educate.

We want to help you make the most of your learning opportunity and realise your potential.

The student experience is at the heart of everything we do, and we hope that you will enjoy your study with us. We believe that good learner centred education leads to excellence in person centred care.

Springhill hospice education team welcomes students with additional support requirements and disabilities, and will make every effort to support their needs. The program has been designed to incorporate a variety of ways in which you can access the information you need to undertake learning around each topic, and we will support you to complete the program.

If you require any additional support or guidance, please contact us and we will do our best to support you with your learning experience.

We offer a range of learning opportunities available for a variety of healthcare professionals; please don't hesitate to get in touch!

**Please contact us for further information on the courses we have to offer  
[education.springhill@nhs.net](mailto:education.springhill@nhs.net)**



# 2023 Courses

## 1 The Springhill Hospice Palliative Care Education Passport

A 6 session course covering aspects of palliative care.

## 2 Dementia Workshop

A full day course covering palliative care for those who have a dementia diagnosis.

## 3 Syringe Driver Training for Registered Nurses

This course includes symptom management, drug conversions and use of the Bodyguard syringe driver.

## 4 Learning Disability Workshop

A full day course covering palliative care for those with a learning disability.



## 5 Advance Care Planning

A full day course to equip healthcare workers with the skills and knowledge to empower them to facilitate advance care planning for those they care for.

## 6 Opening The Spiritual Gate

A full day course offering an opportunity to expand and explore the importance of providing spiritual care.

## 7 Foundations Of Care (3 sessions)

This course introduces the basic skills and knowledge to provide you with the foundations to provide palliative care.

To book courses and workshops with the exception of Foundations in Care, please visit our website [www.springhill.org.uk](http://www.springhill.org.uk)



# The Springhill Hospice Palliative Care Education Passport

The Springhill Palliative Care Education Passport (SPCEP) provides a solid set of holistic knowledge and skills for all grades of staff. It comprises of 6 modules, each exploring different aspects of Palliative Care.

The SPCEP is a course not only endorsed by Skills for Care, but also award winning!

## Modules

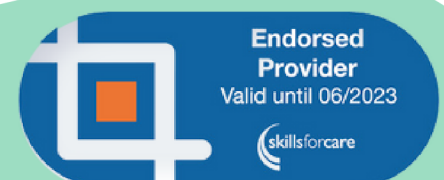
- **Module 1**- Advance Care Planning (ACP) recognising advancing disease and supporting individuals in distress
- **Module 2**- Communication – Foundation skills for supporting those in distress
- **Module 3**- Psychological and spiritual needs for patients and families
- **Module 4**- Symptom management
- **Module 5**- Recognising dying and care at the end of life
- **Module 6**- Care after death and supporting the bereaved

The education team are all committed to making the sessions interesting and useful, by using group discussions and reflections, learners are able to develop their knowledge and skills in a safe environment. We promote person centred care by delivering learner centred education.

Costs: These sessions are **free of charge** for those who work within the Heywood Middleton and Rochdale area. For those outside of this area, the SPCEP can be completed for a charge of **£30 per session or £150** if all six sessions are paid in advance.

Whether you're a healthcare assistant or a General Practitioner... we'd love to have you on board. Get in touch via the email below for course dates and bookings.

Email: [education.springhill@nhs.net](mailto:education.springhill@nhs.net)  
Facebook: [www.facebook.com/PalliativePassport](https://www.facebook.com/PalliativePassport)



# Palliative care for those with a Dementia Diagnosis



**5th October**

**This is a full day workshop suitable for all levels of healthcare professionals in any setting,**

## **Morning Objectives**

- To gain awareness of the term 'Dementia'
- To promote a person centred approach for individuals who are living with dementia
- To improve the confidence, knowledge and communication skills when caring for someone with dementia

## **Afternoon Objectives**

- To look at how hydration and nutrition can be improved
- Introducing the rules of thumb - a guide to aid with decision making in the palliative stages of dementia
- To increase awareness around best interest decisions

**The sessions are delivered by our skilled Education team and guest specialists. Sessions are free of charge for those in HMR, or £60 if you are out of area.**

# Syringe Driver Training for Registered Nurses



## Please contact for dates

Essential training for all Nurses and Medical practitioners who use a syringe driver as part of their role.

The aim is to teach delegates the theoretical and practical skills required to safely and effectively use syringe drivers.

The course will teach delegates the importance of ensuring the machine is set up correctly before administering any medication through them.

**Free of charge for HMR  
£35 for out of area**

### Course topics

- Recognise when a syringe driver is indicated
- Drug conversions and an understanding of common drugs used.
- Assessment and management of breakthrough pain.
- Loading procedure of the syringe driver.
- Recognise the common alerts and alarms, and their meanings.
- The importance of good communication skills.



# Palliative Care for those with a Learning Disability

## 5th September

**This full day module is suitable for all levels of healthcare professionals in any setting.**

### Module Objectives:

- Discuss what palliative care is and strategic developments
- Have an understanding of palliative care needs for those with learning disabilities
- Awareness of the MCA and best interest decisions
- Understand why advance care planning is needed
- Understand the use of Proactive Indicator Guidance
- Discuss ways of supporting those we care for
- Awareness of the Individual plan of care for the dying person
- How to support and communicate
- Communication with the patient
- Resources available to help you care for a person with a life limiting condition that has a learning difficulty.

**Free of charge for HMR  
£35 for out of area**



# Advance Care Planning ACP

16th November



## Who is it for?

All health and social care staff.

**Free of charge for HMR  
£60 for out of area**

## Course Overview

- Do you support patients and those important to them to start to think about their care as they become less well?
- Are you interested in learning more about Advance Care Planning?
- Do you want to gain more skills and knowledge around Advanced Care Planning – **then this course is for you.**



# Opening the Spiritual Gate

10th October

**Opening the Spiritual Gate' addresses the need for assessment of spiritual need and spiritual care, for all staff working in all healthcare settings**

## Course Overview

- **Understanding meaning**

Meanings of spirituality and religion and the recognition of spiritual & religious distress.

- **Communication**

Opening a conversation about spiritual and religious needs and helping to make a plan.

- **Recording & reporting**

Concisely recording of the essence of conversations about spiritual and religious needs.

- **Pulling it all together**

Needs of different faith traditions, rituals, and rites of passage, spiritual and religious resources, spiritual care policies, standards and guidelines

# Foundations of care in a palliative care setting

**This is a comprehensive course that covers all requirements to meet and maintain compliance, to work as a healthcare worker in palliative care.**

**Along with the 3 core required subjects, this course introduces basic clinical tasks which are commonly seen in the palliative world.**

**We offer the opportunity to learn and practice basic clinical skills whilst promoting privacy and dignity.**

**The course has a strong focus on delivering care with compassion.**

## DAY 1

- Manual Handling (Covers manual handling required for mandatory training)
- Pressure ulcer awareness and how to support those with pressure relief
- Personal care and personal hygiene with patients of different abilities (Scenario practice)
- Peg hygiene awareness
- Care delivery ethos and communication

## DAY 2

- Medication administration and the transcribing of medications
- Symptom management and PRN medication
- Administration of oral medication including covert medication
- Ostomy (Stoma) management
- Catheter awareness including hygiene management

## DAY 3

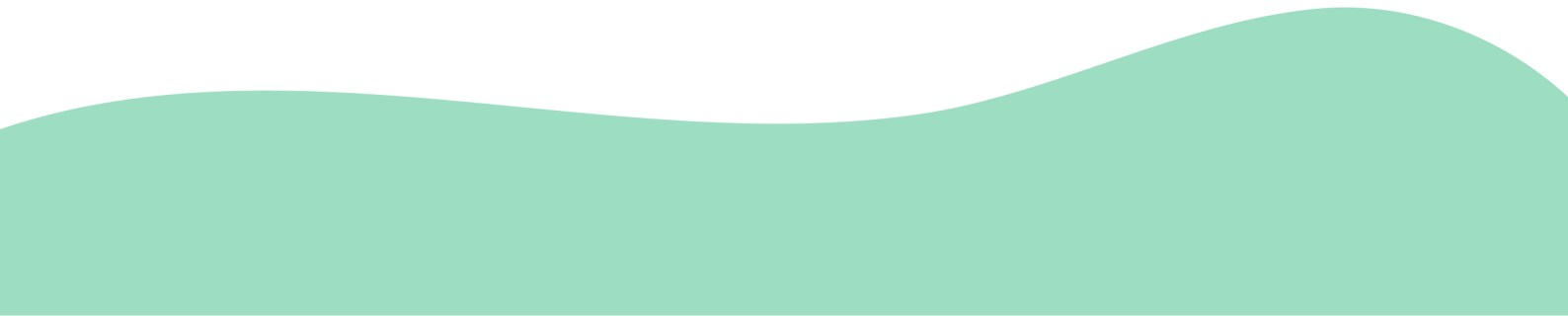
- Basic Life support and Emergency First Aid at work (Covers mandatory requirements for 3 years compliance)
- Dysphagia including choking caused by dysphagia
- Continence management including the fixture of convenes and incontinence pads (including patients with flexion of the muscles and joints - foetal position).
- Documentation
- Final scenario assessment (practical)

**Individuals - £35 per day or £90 for 3 days**

**Groups (max 12) - £250 per day £650 for 3 days**

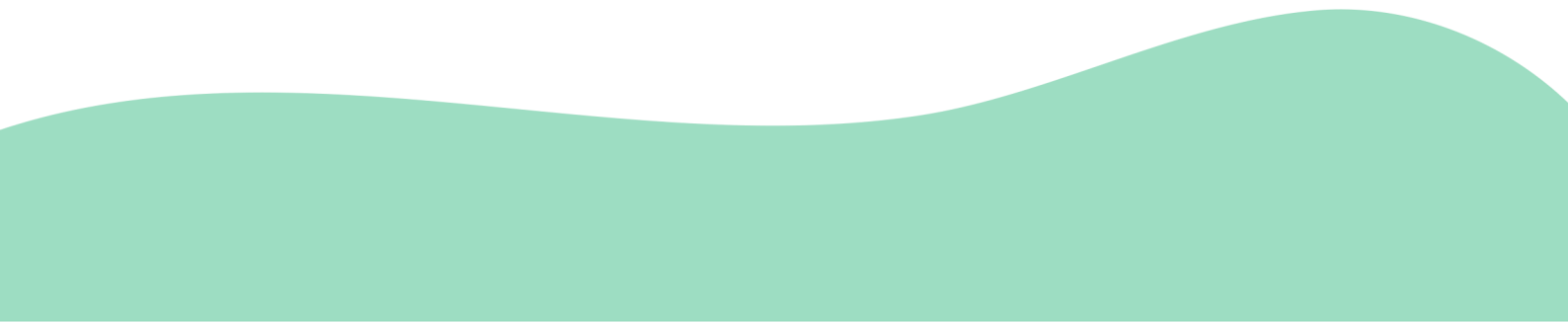
**Email: [education.springhill@nhs.net](mailto:education.springhill@nhs.net) for details**

# Notes





# Dates



# Notes