

**Training that transforms care,
because every moment counts**

Course Prospectus 2025/2026



About us

All our courses are evidence-based, directly relevant to practice and underpinned by current research. Our educators endeavour to ensure that you find the sessions valuable as well as enjoyable.

The team are experienced, committed to supporting you and keen to provide stimulating sessions which help motivate and educate. We want to help you make the most of your learning opportunity and realise your potential.

The student experience is at the heart of everything we do, and we hope that you will enjoy your study with us. We believe that good learner-centred education leads to excellence in person-centred care.

We welcome students with additional support requirements and disabilities, and will make every effort to support their needs. The program has been designed to incorporate a variety of ways in which you can access the information you need to undertake learning around each topic, and we will support you to complete the program.

If you require any additional support or guidance, please contact us and we will do our best to support you with your learning experience.

We offer a range of learning opportunities available for a variety of healthcare professionals; **please don't hesitate to get in touch!**



Please visit our website springhill.org.uk/education for more information and book a course.

Meet the Springhill Education Team!

We are a team of five with decades of experience in palliative care. Our roles have varied over the span of our careers; but have all centred on patient care. Starting out as Nurses or Healthcare Assistants, our Team has developed their passion for end of life care and the importance it serves, which has led to all of us being part of this award winning team!

We are also extremely fortunate to be supported by some amazing volunteers!



Jane Ashworth
Education Lead

My journey began in 1990 as a Healthcare Assistant in a nursing home, where I discovered my passion for compassionate caregiving. After working as an Auxiliary Nurse and completing NVQs 2 and 3, I pursued a diploma in adult nursing at university, later earning a BSc and MSc. However, it was my experience in palliative care that truly inspired and shaped my career.

Pauline Howarth
Education Facilitator

My interest in palliative care began as a hospital-based Staff Nurse, which led me in to hospice care, where I have worked since 1994. In 2020, I joined Springhill Hospice's Education Team, inspired by the exceptional teaching and the way it empowers health and social care workers, to deliver outstanding care for those with life-limiting conditions.



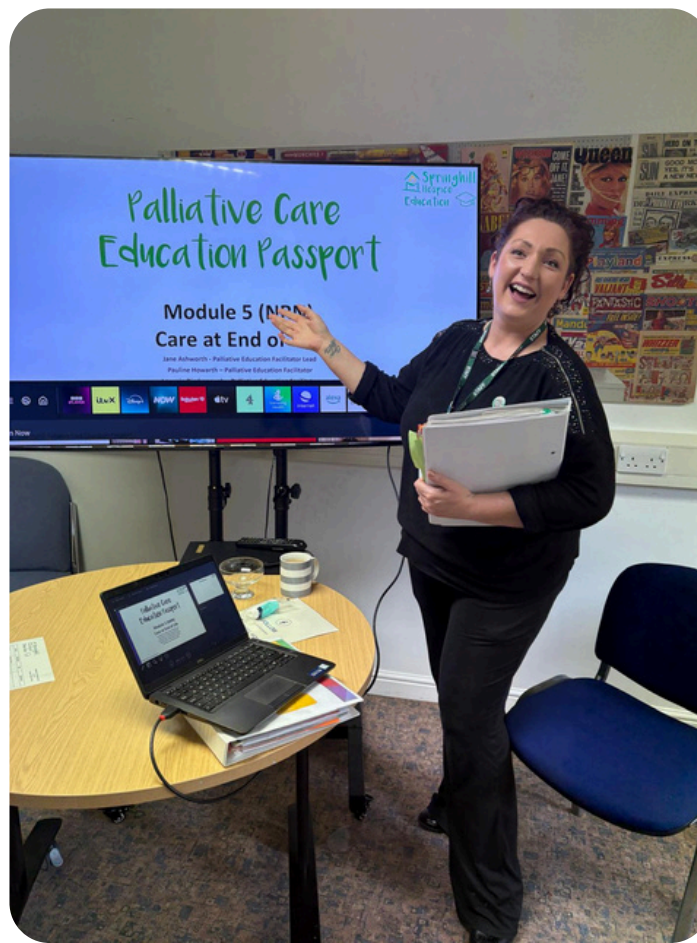


Angela Ogden
Education Administrator

I began volunteering at the Hospice in August 2015 after a 40-year banking career. By December, I joined as a part-time staff member supporting Community Services and Education. Now, I'm based in the Education Unit, providing administrative support to the team.

Helen Seth
Educator

I began my career as a Community Healthcare Assistant, where training sessions with the Hospice, including the Palliative Care Passport, ignited my passion for improving end of life care. The Hospice's learning opportunities not only enhanced my own practice but also positively impacted those I worked with.



Sapphire Hogg
Education Facilitator

With over a decade of experience as a Registered Nurse in palliative care, I transitioned into an educational role two years ago. My passion lies in empowering healthcare professionals through education, equipping them with the knowledge and skills needed to deliver the highest standard of care to patients and their loved ones, during life's most vulnerable moments. I am passionate about advancing palliative care education with a focus on addressing inequalities to ensure compassionate care for all.

Awards and Accreditations



We are approved trainers of the Oliver McGowan Tier 2 Mandatory Training. Our trainers, Pauline and Jane, are registered as approved training providers by NHS Training, Workforce and Education.

The Oliver McGowan Code of Practice sets out standards for training on learning disability and autism for Care Quality Commission (CQC) registered health and social care providers and their staff.

Click [here](#) to read about Oliver McGowan and why this training is so important for healthcare professionals.

We won the Princess Royal Training Award in both 2020 and 2025, which is a very prestigious achievement and one we are very proud of!

The Princess Royal Training Awards honour organisations that demonstrate outstanding commitment to learning and development, and highlight the tangible impact of exceptional training on both businesses and individuals.

We are dedicated to delivering inclusive, compassionate learning to those who provide care in the end stages of a person's life. We deliver practical, informative and emotive sessions with care at the heart of everything we do.



2025/2026 Courses

Our courses are suitable for all grades of Health and Social Care staff and aim to build knowledge, skills and confidence in palliative and end of life caregiving.

- 8 **The Springhill Hospice Palliative Care Education Passport**
A 6-module course covering all major aspects of compassionate palliative care, and suitable for all grades of health and social care staff in primary, secondary and tertiary care. Some of these modules can be taken as a stand-alone course.
- 9 **Palliative Care for those living with Dementia**
A full-day interactive workshop exploring palliative care for those who have a dementia diagnosis. Delivered jointly by education staff and a Dementia Specialist Nurse.
- 9 **Palliative Care for those living with a Learning Disability**
A full-day interactive workshop considering and developing palliative care skills to enable quality care for those with a learning disability.
- 10 **Advance Care Planning**
A full-day course to equip healthcare workers with the skills and knowledge to empower them to facilitate advance care planning for those they care for.
- 11 **Loss, Grief and Bereavement**
A half-day course exploring the impact of grief, loss and bereavement, how to offer good support and the importance of self-care.
- 11 **Opening The Spiritual Gate**
A full-day course offering an opportunity to expand and explore the importance of providing spiritual care.
- 12 **Oliver McGowan Mandatory Training Tier 2**
Tier 2 of The Oliver McGowan Mandatory Training on Learning Disability and Autism is for people who may need to provide care and support for autistic people or people with a learning disability.
- 13 **Delivering Oral Care for Palliative Patients**
Facilitated by **leading oral health experts.**
- 13 **Advanced Oral Care for Palliative Patients and those at end of life**
Facilitated by **leading oral health experts.**



14 Syringe Pump and Symptom Management
This course includes symptom management, drug conversions and practical use of the BGT34 syringe pump.

15 Verification of Expected Death and Deactivation of ICD
Covering the legal aspects of verification of death, the process of verifying, and providing aftercare.

15 Enhanced Communication Skills
This course involves working with small groups using real life scenarios to explore, support and practice communication skills in a safe space.

16 Foundations of Care
Along with the 3 core required subjects, this course introduces basic clinical tasks which are commonly seen in the palliative world.
We offer the opportunity to learn and practice basic clinical skills in a realistic simulated environment.

17 Advanced Diploma CPD in Partnership with The University of Greater Manchester
HLT7072 Multidisciplinary End of Life Care Module at Level 6 & 7.



18 Training for Unpaid Carers
We help build skills and confidence for those who are caring for a loved one, friend or neighbour. We aim to try and eliminate worries and fears with these informal but informative sessions.

19 Train the Trainer
Over the course of two interactive days, participants will explore the latest legislation and hospice standards, learn the principles of safe movement, and practice a wide range of techniques using specialist equipment such as hoists, slide sheets, transfer belts and standing aids.

20 Delegated Tasks
This session is aimed at carers or Personal Assistants to those who are in the end stages of life.

20 Stoma and Catheter Care
A three hour practical session providing training on the essential skills required to care for individuals with a stoma or catheter.

21 Supporting Staff through Bereavement
Join us in creating a workplace that values and supports its employees through difficult times.

Springhill Hospice Palliative Care Education Passport

The Springhill Palliative Care Education Passport (SPCEP) is an innovative programme providing a solid set of holistic knowledge and skills for all grades of staff. It comprises of six modules, each exploring different aspects of Palliative Care.

Modules

- **Module 1**- Recognising advancing disease and when someone is in the palliative phase, Advance Care Planning (ACP)
- **Module 2**- Communication – Foundation skills for supporting people in distress
- **Module 3**- Psychological and spiritual needs for patients and families
- **Module 4**- Assessment and Care Planning for palliative needs
- **Module 5**- Recognising dying and care at the end of life
- **Module 6**- Care after death and supporting the bereaved

The Education Team is committed to making the sessions interesting and useful. By using group discussions and reflections, learners are able to develop their knowledge and skills in a safe environment. We promote person-centred care by delivering learner-centred education.

"It's a brilliant programme and I enjoyed every second of it!"

Dates:

This training is offered throughout the year as a rolling programme, starting bimonthly. Please contact us for more details.

Costs:

These sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale** area.

For those **outside of this area**, the cost is **£45 per session** or a **discount of £230 if all six sessions** are booked in advance.

For discounts on larger groups, please get in touch.

Whether you're a healthcare assistant or a General Practitioner, we'd love to have you on board! Get in touch or book via our website springhill.org.uk/education.

Email: education.springhill@nhs.net

Facebook: www.facebook.com/SpringhillHospiceEducation



Palliative & End of Life Care for those living with Dementia

This motivational, interactive workshop is suitable for all levels of healthcare professionals in any setting. Using real-life case studies and masterclasses to explore challenges faced in the workplace and to build knowledge, skills and confidence.

Topics:

- Identify progression in advanced dementia
- Employ life stories to meaningfully personalise care
- Visit the dementia marketplace for practical skills and knowledge
- Recognising dying
- Symptom control
- Personal care
- Oral health
- Mental health- delirium, depression, anxiety

Costs:

These sessions are free of charge for those who work within the Heywood, Middleton and Rochdale area.

For those outside of this area, there is a charge of **£60**.

Dates:

This workshop runs twice a year. Please contact us for more details.

Email: education.springhill@nhs.net
Website: springhill.org.uk/education
Telephone: **01706 752361**

Palliative Care for those with a Learning Disability

This full-day module is suitable for all levels of healthcare professionals in any setting.

Module Objectives:

- Discuss what palliative care is and strategic developments
- Have an understanding of palliative care needs for those with learning disabilities
- Awareness of the Mental Capacity Act and best-interest decisions
- Understand why Advance Care Planning is needed
- Understand the use of Proactive Indicator Guidance
- Discuss ways of supporting those we care for
- Awareness of the Individual plan of care for the dying person
- How to support and communicate
- Communication with the patient
- Resources available to help you care for a person with a learning difficulty and a life-limiting condition

Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area.

For those **outside of this area**, there is a charge of **£60**.

Dates:

This workshop runs twice a year. Please contact us for more details.

"The workshop was very well planned & very interactive!"

"Bravo! All sections and teaching were brilliantly delivered!"

Advance Care Planning – ACP

Making person-centred care plans for a time when someone is unable to communicate what's important to them.



Reduce uncertainty



Prevent unwanted treatment



Prevent unwanted hospital admission



Determine future goals for end of life

An interactive workshop to help you:

- **Deepen** your understanding of ACP
- **Appreciate** the importance of ACP conversations
- **Equip** you with the skills and confidence to empower those you care for to talk about what matters

Costs:

These sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale** area.

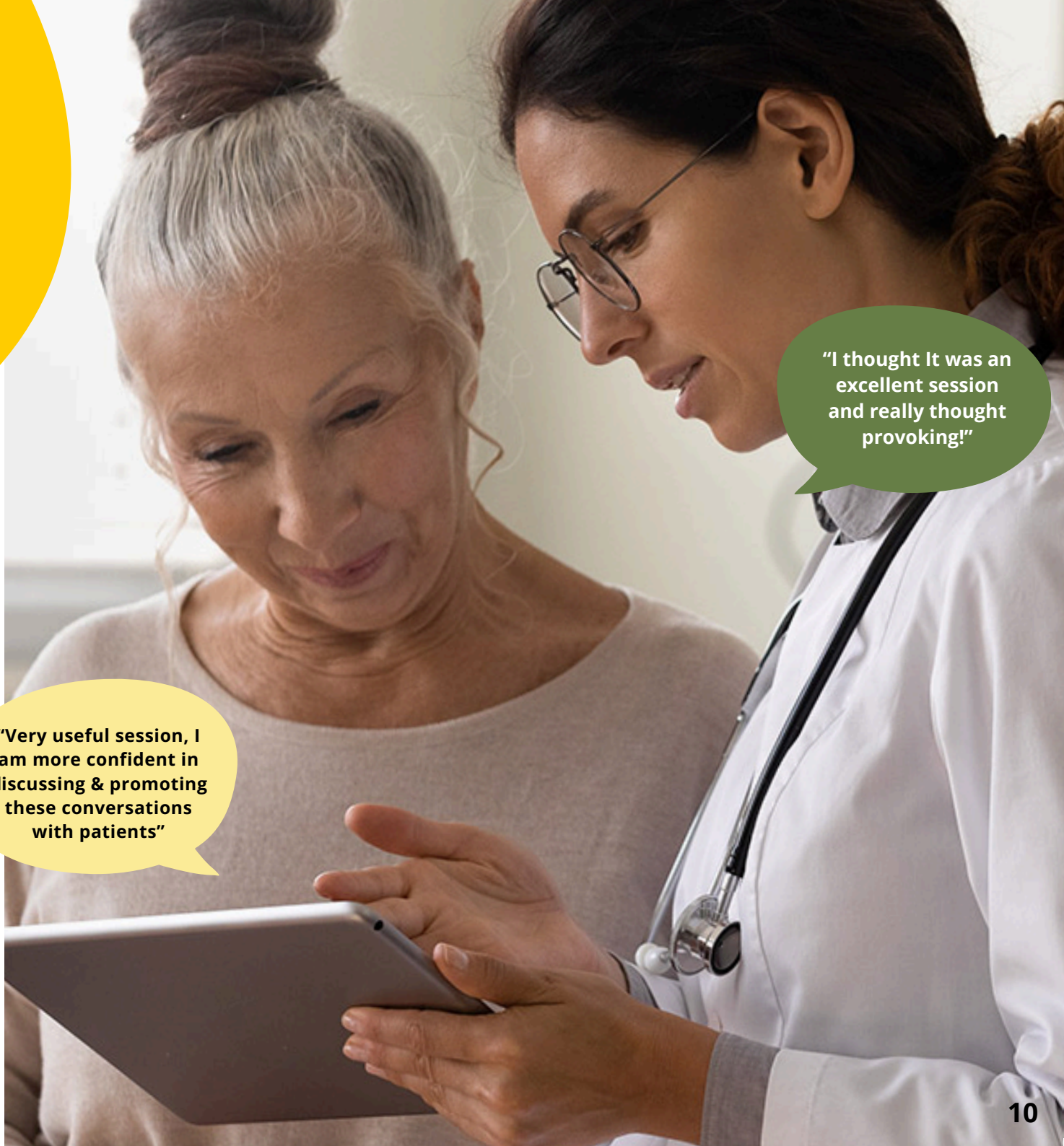
For those **outside of this area**, there is a charge of **£60**.

Dates:

This workshop runs twice a year. Please contact us for more details.

"Very useful session, I am more confident in discussing & promoting these conversations with patients"

"I thought It was an excellent session and really thought provoking!"



Loss, Grief & Bereavement Support

Develop confidence and skills to enable you to provide compassionate bereavement support to the loved ones of those you are caring for, those you work with, and for yourself.

You will:

- Develop knowledge around the emotional and physical response to bereavement
- Build the skills and confidence required to support bereaved individuals
- Recognise the need for self-care

Costs:

These sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale** area.

For those outside of this area, there is a charge of **£60**.

Dates:

This workshop runs twice a year.
Please contact us for more details.

"I learnt a lot about myself as well as how to support others"

"I am now more confident in discussions & promoting these conversations with patients"

Opening the Spiritual Gate

Opening the Spiritual Gate workshop explores why spiritual care is an essential element of palliative and end of life care, how to talk about spiritual needs and how to incorporate it in to care giving.

This workshop will help you:

- To explore the meanings of spirituality and religion
- To consider how to recognise spiritual and religious distress and what may be helpful in dealing with it
- To raise the awareness of the needs of different faith traditions or religious groups and rites of passage
- To consider a simple communication model which will facilitate difficult conversations
- To consider how to document conversations about spiritual and religious issues and develop a spiritual care plan
- To be aware of the emotional impact of this work and the support needed for staff

Costs:

These sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale** area.

For those outside of this area, there is a charge of **£60**.

Dates:

This workshop runs annually.
Please contact us for more details.

Email: education.springhill@nhs.net
Website: springhill.org.uk/education
Telephone: **01706 752361**

Oliver McGowan Mandatory Training – Tier 2

A full day workshop facilitated by approved Oliver McGowan trainers co-presented with experts who have lived experience of Learning Disability and Autism.

This training is to help ensure that the health and social care workforce have the right skills and knowledge to provide safe, compassionate and informed care to autistic people and people with a learning disability.

Costs:

£90 discounted from £115

Before attending this workshop, you will need to complete the Oliver McGowan Tier 1 online training.

You can access this by [clicking here](#) or ask your Manager how to access it.

Please visit <https://www.olivermcgowan.org> to read Oliver's story.

Dates:

Dates are added throughout the year.
Please contact us for details.

Champion for The
Oliver McGowan
Mandatory Training



"Hearing from the
experts has really
brought this training
alive.
So valuable."

Oral Care

Everyone providing care needs to attend this workshop.

This workshop covers all the essentials you need to know to ensure a high standard of oral care.

- Discover why it is a vital part of healthcare
- Will help you care for oral care-resistant patients
- Guaranteed to change your practice

Advanced Oral Care

This 3 hour workshop is particularly relevant to SPCNs, DNs and senior care staff with a sound knowledge and practice of oral care.

An interactive and fascinating workshop addressing the particular challenges presented by providing sound oral assessment and care to patients/clients with:

- Head and neck cancers
- Oral mucositis
- Palliative care and end of life patients

Costs:

Both of these sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale area**.

For those outside of this area, there is a charge of **£60**.

"This training is fantastic!"



Dates:

Regularly throughout the year.
Please contact for more details.

Syringe Pump and Symptom Management

for Registered Nurses

Essential training for all Nurses and Medical practitioners who use a syringe pump as part of their role.

The aim is to teach delegates the theoretical and practical skills required to safely and effectively use syringe pumps.

The course will teach delegates the importance of ensuring the machine is set up correctly before administering any medication through them.

Course Topics

- Recognise when a syringe pump is indicated
- Drug conversions and an understanding of common drugs used
- Assessment and management of breakthrough pain
- Loading procedure of the syringe pump
- Recognise the common alerts and alarms and their meanings
- The importance of good communication skills

Costs:

These sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale** area.

For those outside of this area, there is a charge of **£60**.

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Website: springhill.org.uk/education
Telephone: **01706 752361**

Dates:

Enquire for details.

"Really informative, also being able to be hands on with a driver was really beneficial"

Verification of Expected Death

for Registered Nurses

Theoretical training for experienced Band 6 and above Nurses to enable assessment and verification of an expected death.

You will:

- Develop the theoretical knowledge and practical skills around the verification of death procedure
- Raise your awareness of professional and legal considerations when verifying an expected death

Costs:

These sessions are **free of charge** for Hospice & Community RNs within the **Heywood, Middleton** and **Rochdale** area.

Please note!

There is a requirement for attendees to arrange a competent verifier to assess and sign off their practical competence.

Dates:

are responsive to demand.
Please contact us for more details.

Email: education.springhill@nhs.net
Website: springhill.org.uk/education
Telephone: **01706 752361**

Enhanced Communication Skills

A 2 day course for senior health and social care professionals

This course involves working with small groups using real life scenarios to explore, support and practice communication skills in a safe space.

It is essential that you attend both days to certify completion!

This course will:

- Increase awareness of your own non-verbal communication skills and style
- Increase confidence in responding to common communication challenges

Which may include:

- Information gathering and giving with time constraints
- Handling strong emotions (e.g. anger/ distress)
- Shared decision making
- Breaking bad news
- Initiating and sustaining end of life conversations
- Dealing with complaints
- Working with colleagues

Costs:

£250 including learning materials.

Dates:

2026 dates tbc.

**Places on this
course are
limited to 12**

Foundations of Care in a palliative care setting

This is a comprehensive course that covers all requirements to meet and maintain compliance, to work as a healthcare worker in palliative care.

Along with the 3 core required subjects, this course introduces basic clinical tasks which are commonly seen in the palliative world.

We offer the opportunity to learn and practice basic clinical skills in a realistic simulated environment.

The course has a strong focus on delivering care with compassion, dignity and using appropriate sensitive communication skills.

"I liked the practical work as it helped me to have a greater understanding on how to do things"

Dates:

These sessions are run as a rolling programme through out the year. Please contact us to discuss your requirements and for dates.

Costs:

£40 per person per session or £100 for all 3 sessions.

Please contact us for discounts on group bookings.

Session 1

- Moving and handling of a patient
- Maintaining skin integrity, pressure area care
- Personal care
- Effective communication
- Continence management
- Catheter awareness & catheter care
- Understanding of stomas & ostomy management

Sessions 2

- Hydration & nutrition
- Dysphagia (swallowing difficulties)
- Basic life support – Adult Airway & circulatory problems
- First Aid

Session 3

Additional Skills

- Medicine Management including legislation, controlled drug administration
- PRN medication, drug errors & adverse reactions, safe storage & disposal
- Effective communication and documentation



Advanced Diploma CPD

Degree and Masters level (HE6 HE7)

Multidisciplinary End of Life Care Module

This advanced professional development course is offered by the University of Greater Manchester in partnership with local hospice providers.

This course is ideal for health or allied health and social care professionals, involved in caring for individuals with life-limiting illnesses and end of life care. This is not limited to individuals working in the hospice setting.

We offer a systematic understanding and critical awareness of current problems and new insights in this field.

You will be supported to develop the theoretical knowledge and reflective abilities needed to deliver high-quality physical, social, spiritual and psychological care to those nearing the end of life and their loved ones.

We also focus on helping you to develop a deeper understanding of the importance of inter-professional, multidisciplinary and multi-agency working, crucial in delivering EoLC.

Skills in this complex and sensitive area of contemporary health and social care are in increasing demand.

Please click this link to be taken through to the application portal. <https://greatermanchester.ac.uk/course/HLT052-P-UOB-NX>



University of
Greater
Manchester

This programme adopts a blended learning and teaching style. Assessment is through a 20 minute presentation followed by a 20 minute viva.

You will learn:

- Collaborative working
- Symptom control
- Future planning - Advance Care Plan
- Ethical principles
- Self-care/resilience
- Communication - difficult conversations
- Holistic assessment
- Loss grief and bereavement
- Library skills
- Critical analysis

What is a Viva?

A Viva is an oral examination, often referred to as a thesis defence, in which a student defends their research to a panel of examiners who assess their knowledge of the subject and the quality of their work. The examiners ask questions to ensure the student truly understands their research, has become an expert in their field, and can critically analyse their own work and that of others.



University of
Greater Manchester

Dates:

This advanced course runs annually in September at Springhill Education. You can access other dates via University of Greater Manchester.

"The course as a whole was incredibly worthwhile and has enhanced my practice significantly"

"The module, team and Hospice staff were brilliant throughout and the teaching was great!"

Costs:

£900 for the academic year 2025/26.

Training for Unpaid Carers

We help build skills and confidence for those who are caring for a loved one, friend or neighbour. We aim to try and eliminate worries and fears with these informal but informative sessions.

Learn from experienced Palliative Care Nurses and Carers how to:

- Help move safely on and off a chair
- Help with eating and drinking
- Look after skin
- Provide personal care including toileting and catheter care
- Look after yourself and dealing with tricky situations

Costs:

This course is free for those who care for someone unpaid.

Dates:

This workshop runs twice a year. Please contact us for more details.

Email: education.springhill@nhs.net
Website: springhill.org.uk/education
Telephone: 01706 752361

Attend all sessions or just those that are useful to you, there is no set enrolment programme.

Train the trainer

Over the course of two interactive days, participants will explore the latest legislation and hospice standards, learn the principles of safe movement, and practise a wide range of techniques using specialist equipment such as hoists, slide sheets, transfer belts and standing aids. We combine theory with hands-on experience to build both competence and confidence.

This course is ideal for Senior Carers, Nurses, Team Leaders and Healthcare Professionals who are responsible for staff training and supervision.

Objectives you will cover:

- Understand current legislation and best practice in moving & handling of people
- Demonstrate safe and effective moving & handling techniques
- Develop confidence to teach and assess colleagues in safe practices
- Identify and manage risks using appropriate equipment and risk assessments
- Promote dignity, respect, and person-centred care in all handling activities
- Learn how to plan and deliver engaging training sessions

Costs:

£650 plus resources.

Dates:

are responsive to demand.
Please contact us for more details.

**Spaces are
limited to five
per session**



Delegated Tasks

This session is aimed at carers or Personal Assistants to those who are in the end stages of life. It will provide them with essential skills required to perform tasks for those with needs beyond the every day.

Techniques you will learn:

- PEG feeding/Tube feeding
- Care of a tracheostomy
- Stoma and Catheter Care
- Checking and controlling blood sugars
- Cleaning and hygiene
- Knowing when an ambulance is needed

Costs:

These sessions are **free of charge** for those who work within the **Heywood, Middleton and Rochdale** area.

For those outside of this area, there is a charge of **£60**.

Dates:

2026 dates tbc.

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Telephone: **01706 752361**

Stoma and catheter care

A three hour interactive and practical session providing training on the essential skills required to care for individuals with a stoma or catheter.

Techniques you will learn:

- Identify types of stomas and catheters
- Safely change and empty stoma and catheter bags
- Perform basic hygiene and care procedures
- Recognise early signs of infection or complications
- Provide dignity and comfort

Costs:

This course is **£35** per person.
Please contact us for group bookings.

It is now estimated that one in 335 people in the UK are currently living with a stoma.

Dates:

Please contact us for more details.

Supporting your Staff & Colleagues through Bereavement

Join us in creating a workplace that values and supports its employees through difficult times.

**New for
2025!**

Costs:

£60 per person.

Please contact us for group bookings.

Who is it for?

Line managers, HR professionals, teachers and business leaders looking to support their teams effectively.

Why is this important?

Research shows that employees who feel supported during bereavement are more likely to return to work sooner and develop a deeper appreciation for their workplace. Equipping managers with the right skills can foster a compassionate work environment and improve staff wellbeing.

Dates:

This workshop will run at least three times a year.
Please contact us for details.



www.springhill.org.uk/education

Email: education.springhill@nhs.net

Call: 01706 752361

Visit: **Springhill Hospice Education Unit, Carders Court**
23 Ivor Street, Rochdale, OL11 3JA



PRINCESS ROYAL
TRAINING AWARD
2025

Thank
you!

for taking the time to read through our
prospectus. If you have any specific training
needs or questions, don't hesitate to reach
out; we're here to help.

Follow us on Facebook [@SpringhillHospiceEducation](https://www.facebook.com/SpringhillHospiceEducation)

Follow us on LinkedIn [@SpringhillHospice](https://www.linkedin.com/company/SpringhillHospice)